# Communicable Disease Surveillance

Pam Pontones, MA

Director, Surveillance and Investigation
Indiana State Department of Health

#### Why Investigate Diseases?

#### Prevention is the source of urgency

- Find and fix ongoing point source (contaminated water supply or food)
- Close problematic locations
- Identify agent ("smoking gun")
- Find, isolate, and treat infectious people
- Provide prophylaxis to those exposed

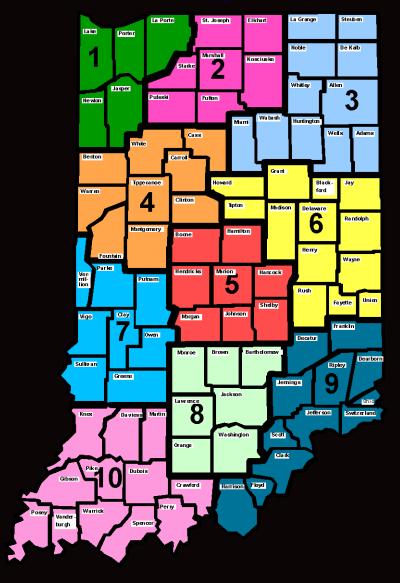
## Surveillance and Investigation Division

- Investigate disease outbreaks
- Conduct disease surveillance
- Analyze public health data
- Assist agency program areas
- Serve as subject matter experts
- Serve as media spokespeople
- Advise health care providers and public

#### Field Epidemiology Program

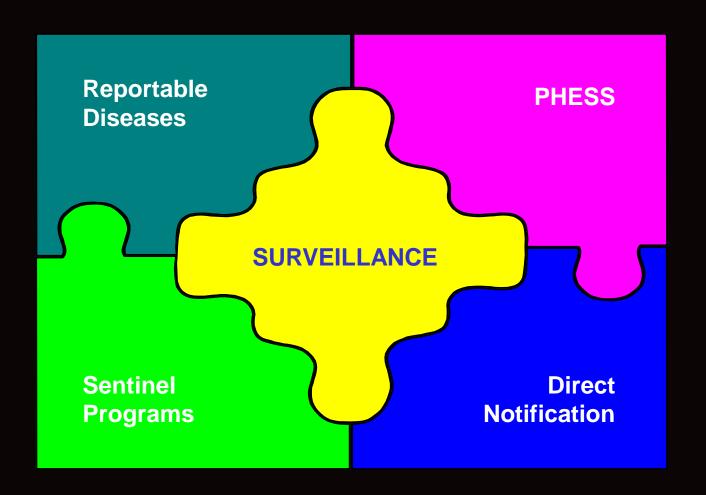
- Ten public health preparedness districts
- Ten field epidemiologists
  - Assist local health departments with outbreak investigation, case surveillance, infection control
  - Serve as liaison for ISDH in districts
  - Information-gathering projects
  - May serve as media spokespeople

#### **Public Health Preparedness Districts**



#### Surveillance

- Systematic and ongoing assessment of the health of a community
  - Collection
  - Analysis
  - Interpretation
  - Dissemination
  - Use of data
- Surveillance provides information for action



#### Reportable Diseases

- Health care providers, hospitals and labs report to LHD according to law
- LHD use ISDH case investigation forms to investigate and report cases
- Advantages
  - Inexpensive
  - Less labor intensive
  - Routine surveillance method

### Communicable Disease Reporting Rule For Physicians, Hospitals, and Laboratories

410 IAC 1-2.3

#### Purpose of Rule

- Identify and monitor diseases posing a particular public health threat to community
  - severity
  - ease of transmission
  - control challenges
- Define who has authority and responsibility to monitor and respond

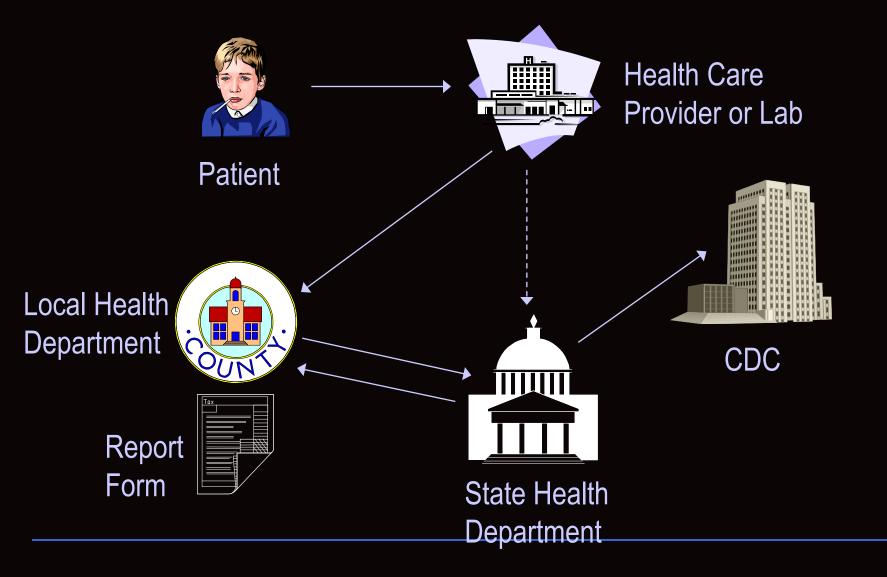
#### **Rule Provisions**

- Definitions
- Reporting requirements
- Reportable diseases
  - List for physicians and hospital administrators
  - List for laboratories
- Investigation procedures
- General control methods
- Revised rule effective December 12, 2008

#### **Investigation Procedures**

- Provider reports case to local health department
- Local health department (LHD) uses ISDH case investigation form to investigate case
  - obtain demographic and clinical information from provider
  - obtain demographic and exposure history from case
- LHD reviews information for risk factors, links
- LHD can advise regarding disease information and control methods
- LHD sends completed form to ISDH

#### **Disease Reporting Pathway**



#### **Sentinel Surveillance**

- Selected providers/facilities report
- Monitor key health indicators or events (often seasonal)
- Monitor conditions for which information not otherwise available
- Monitor conditions in subgroups more susceptible
- Used to calculate disease morbidity

#### Syndromic Surveillance (PHESS)

Gives information before diagnosis is available

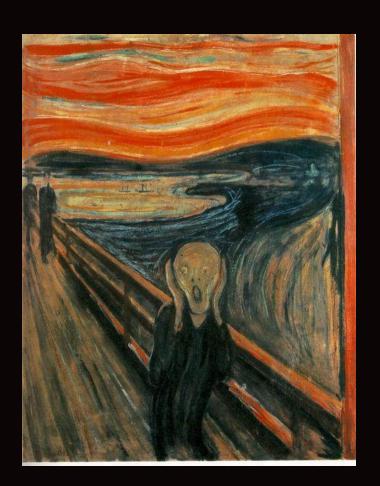
- Data streams
  - Chief complaints from 76 hospital EDs
  - Indiana Poison Center call data
  - School absenteeism

#### **School Absenteeism**

- Joint rule created by Indiana Department of Education and ISDH
- All schools must report absenteeism rates of 20% or above regardless of cause to LHD
- LHD will investigate, notify ISDH if needed
- 20% is legal minimum threshold—report if notice ANY abnormal absenteeism rate

#### **Direct Notification**

- Phone call
- E-mail
- News report
- Fridays at 4:00



#### What is an Outbreak?

 Occurrence of more cases of a disease than expected in a population during a certain time

 One case of smallpox, anthrax, plague, botulism, or measles anywhere in the US is an outbreak requiring immediate response

- Epidemic and outbreak are the same
  - Epidemic is often applied to an outbreak of special concern

#### **Outbreak Detection**

- Recognized and reported by health care providers
- Recognized and reported by those affected (e.g., coworkers, school, banquet)
- Detected by PH agency through surveillance
- Enhanced surveillance in cooperation with state and federal public health officials

#### **Investigating Outbreaks**

- Detect problem
- Verify diagnosis
- Confirm outbreak
- Identify / count cases
- Characterize data → time / place / person
- Identify agent
- Take immediate control measures
- Formulate / test hypotheses
- Implement / evaluate additional control measures
- Report findings

#### Public Health Impact

- Ban on sale of pet turtles in US
- Increased hand washing facilities at fairs and petting zoos
- Required testing of ground beef for E. coli O157:H7
- Safe handling and cooking labels on meats
- Warning labels for pregnant women on soft cheeses

#### Public Health Impact

- Redesign of produce misters
- Protective equipment and devices in medical care settings
- Vaccination recommendations
- Amended state laws



Pam Pontones, MA
Director, Surveillance and Investigation
317.233.7861
ppontones@isdh.in.gov